

#OutoftheDarkness

**JOIN US FOR OUR VIRTUAL WALK, DAY OF ACTION
RAISE AWARENESS FOR MENTAL HEALTH AND SUICIDE
PREVENTION IN SCV!**

SATURDAY May 1, 2021
Location of your choice!

Event Details

Register at www.afsp.org/santaclarita

Opening Ceremony: **9:00 am (ONLINE)**

TO RAISE AWARENESS AND BRING HOPE TO THOSE THAT MAY BE
STRUGGLING AND TO HONOR THE LIVES WE HAVE LOST.

OUR DAY OF ACTION INCLUDE THE FOLLOWING OPTIONS:

ACTIVE ACTIVITY * SELF CARE ACTIVITY * GAMING

FOR MORE DETAILS AND IDEAS ON WHICH ACTIVITY TO PICK

VISIT THE WEBSITE LISTED ABOVE!!



**American
Foundation
for Suicide
Prevention**

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