

WSHUHSD Wellness Center Parent Forum

TEEN MENTAL HEALTH AWARENESS

Join our panel of mental health experts to learn how to better support our teens:

Ritsa Fistes, LMFT Ed Monaghan, Head Instructor/ Co-Founder, Ekata and,

Danica Lynch, AOC Wellness Center Coordinator, Founder Yoga Yoga

March 30th, 2022 Wednesday 6:30pm - 7:30pm

Hosted via Zoom

https://csun.zoom.us/j/838141785

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